Feeling overwhelmed by a MENTAL HEALTH CRISIS or EMERGENCY with your CHILD or YOUTH?

Get IMMEDIATE SUPPORT from a professional mental health therapist.

CALL

Jefferson Center
303-425-0300
1-800-201-5264
TDD 303-432-5540
jcmh.org

COLORADO CRISIS SERVICES
1-844-493-TALK (8255)
Text TALK to 38255
www.coloradocrisisservices.org

OR WALK IN

Crisis and Recovery Center
4643 Wadsworth Blvd, Wheat Ridge, CO
24 hours a day • 7 days a week

When you need help, we are here for you!

If you think this is a life-threatening emergency, call 911 or go immediately to the nearest emergency room.