

# November 2023



## King-Murphy Elementary School

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>30</b> Choice of cereal for breakfast Cheese Stuffed Bread Sticks w/ Curly Fries & Oranges <i>Or bagel w/cream cheese &amp; sides</i>	<b>31</b> Choice of cereal for breakfast Chicken Chunks w/ Seasoned Fries & Diced Pears <i>Or bagel w/cream cheese &amp; sides</i>	<b>1</b> Choice of cereal for breakfast Hamburger w/ Curly Fries, Broccoli & Apples <i>Or bagel w/cream cheese &amp; sides</i>	<b>2</b> Choice of cereal for breakfast Cheese pizza w/ Apple, Diced Pineapple & cookie <i>Or bagel w/cream cheese &amp; sides</i>	
<b>6</b> Choice of cereal for breakfast Corn Dog with Broccoli & Diced Pears <i>Or bagel w/cream cheese &amp; sides</i>	<b>7</b> Choice of cereal for breakfast Orange Chicken w/ Curly Fries & Diced Peaches <i>Or bagel w/cream cheese &amp; sides</i>	<b>8</b> Choice of cereal for breakfast Bean and Cheese Burrito w/Pinto Beans & Applesauce <i>Or bagel w/cream cheese &amp; sides</i>	<b>9</b> Choice of cereal for break- fast Cheese pizza w/ Green Beans, Diced Pineapple & cookie <i>Or bagel w/cream cheese &amp; sides</i>	<div style="border: 1px solid black; padding: 5px; width: fit-content;">             USDA is an              equal              opportunity              provider and              employer.           </div> 
<b>13</b> Choice of cereal for breakfast Popcorn Chicken w/ Chips, Green Beans, and Applesauce	<b>14</b> Choice of cereal for breakfast Breaded Chicken Sandwich w/ Curly Fries and Apple <i>Or bagel w/cream cheese &amp; sides</i>	<b>15</b> Choice of cereal for breakfast Corn Dog with Broccoli & Diced Pears <i>Or bagel w/cream cheese &amp; sides</i>	<b>16</b> Choice of cereal for breakfast Cheese pizza w/ Orange, Diced Pineapple & cookie <i>Or bagel w/cream cheese &amp; sides</i>	<b>Prices: Breakfast</b> Elementary -\$2.25 Middle School-\$2.50 High School-\$2.50
<b>20</b> Choice of cereal for breakfast Bean and Cheese Burrito w/ Green Beans and Oranges <i>Or bagel w/cream cheese &amp; sides</i>	<b>21</b> Choice of cereal for breakfast Cheesy French Bread w/ Seasoned Fries & Applesauce <i>Or bagel w/cream cheese &amp; sides</i>	<b>22</b> No School. Have a good Break!	<b>23</b> 	<b>Prices: Lunch</b> Elementary -\$3.50 Middle School-\$3.75 High School-\$3.75
<b>27</b> Choice of cereal for breakfast Cheese Stuffed Bread Sticks w/ Curly Fries & Oranges <i>Or bagel w/cream cheese &amp; sides</i>	<b>28</b> Choice of cereal for breakfast Chicken Chunks w/ Seasoned Fries & Diced Pears <i>Or bagel w/cream cheese &amp; sides</i>	<b>29</b> Choice of cereal for breakfast Hamburger w/ Curly Fries, Broccoli & Apples <i>Or bagel w/cream cheese &amp; sides</i>	<b>30</b> Choice of cereal for breakfast Cheese pizza w/ Green Beans, diced pineapple & cookie <i>Or bagel w/cream cheese &amp; sides</i>	<i>A garden variety bar is offered daily.            We serve whole grain products.            All canned fruit is in water or juice.            2% white milk and 1% chocolate milk is offered            with all meals.</i>